

Ginkgo Biloba Extract Sessions

FINAL STAGE

PHASE THREE

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| (1. 10,000 mgs x 7 days = 70,000 mgs | (6. 60,000 mgs x 7 days = 420,000 mgs |
| (2. 20,000 mgs x 7 days = 140,000 mgs | (7. 70,000 mgs x 7 days = 490,000 mgs |
| (3. 30,000 mgs x 7 days = 210,000 mgs | (8. 80,000 mgs x 7 days = 560,000 mgs |
| (4. 40,000 mgs x 7 days = 280,000 mgs | (9. 90,000 mgs x 7 days = 630,000 mgs |
| (5. 50,000 mgs x 7 days = 350,000 mgs | (10. 100,000 mgs x 7 days = 700,000mgs |

AMINO ACID SCHEDULE

- (1. THREE PILLS EVERYDAY FOR 2 WEEKS
- (2. ADD ONE PILL (4) PILLS EVERYDAY FOR 2 ½ WEEKS
- (3. ADD ONE PILL (5) PILLS EVERYDAY FOR 1 ½ WEEK
- (4. ADD ONE PILL (6) PILLS EVERYDAY FOR 1 WEEK

CHEMICAL PEELS SCHEDULE

TAKE A CHEMICAL PEEL IN SERIES THAT SHOULD BE FOR SEVEN PEELS EVERY TWO OR THREE WEEKS. A SERIES WILL BE TO COMPLETE SEVEN PEELS SPREAD OUT FOR 8 TO 10 WEEKS. YOU SHOULD HAVE A NEW PEEL EVERY 14 TO 21 DAYS DEPENDING ON HOW YOUR FACE HEALS. A SERIES MEANS SEVEN PEELS. YOU CAN HAVE AS MANY AS 8 SERIES OF CHEMICALS PEELS.

IF YOU FEEL YOU ARE HAVING A SLOW CLEAN UP OF YOUR FACE YOU CAN ADD A DOCTOR'S PRESCRIPTION OF BENZOYL PEROXIDE- ERYTHROMYCIN GEL AND ALSO HYDROQUINONE 4 % CREAM. IT TRULY HELPS. IF YOU TAKE THE BENZOYL PEROXIDE – ERYTHROMYCIN AND GET SEVERE DRYNESS YOU CAN USE VASELINE TO RELEVE DRYNESS. IT ALSO WORKS WELL WITH THE BAKING SODA FACIAL WASH.

I ALSO HAD A PRESCRIPTION FOR DOXYCYCLINE 100 MG TO KILL THE BACTERIA ON MY FACE INSIDE. IT WORKED WELL AND I USED IT WITH THE ERYTHROMYCIN FACE GEL BUT IT IS A LOT OF CHEMICALS AND SOMETIMES IT WAS TO POUR CHEMICALS ON MY FACE. BUT IT WAS WORTH IT AND I WAS VERY CLEANED UP WHICH LED TO FLAWLESS SKIN.

PICTURES OF THE PRODUCTS USED





